

Retina Northwest, P.C.

www.retinanorthwest.com

RETINA & VITREOUS DISEASES

Physicians and Surgeons

Today's Date: _____

Please help us with your evaluation by providing detailed information. Thank You.

Your name:

Date of birth:

Gender: Female Male

Your family doctor (primary care provider):

Date of last exam:

Your general eye doctor:

Date of last exam:

Pharmacy name:

Phone number:

Address:

City:

State:

Do you wear a vision correction?

No

Glasses

Contact lenses

How many years have you worn: Glasses? _____ Contact lenses? _____

Type of glasses: _____ (Bifocal, reading, trifocal, single vision, progressive)

Type of contacts: _____ (Soft, rigid gas permeable)

What changes in your vision led you to see an eye doctor recently?

What do you believe might be the problem?

Do you have any of these symptoms?

No (skip to next section)

Description	No	Right Eye	Left Eye	Notes: Severity? Duration?
No vision change				
Distortion (bent out of shape)				
Blurring				
Dimness				
Blind spot or area				
Flashes or flickering				
Floaters				
Eyestrain				
Dry or burning eyes				
Severe light sensitivity				
Headache				

MRN number:

REVIEW OF SYSTEMS: Have you experienced any of these symptoms recently?		
No	Yes	Symptom
		FATIGUE
		FEVER
		NIGHT SWEATS
		HEARING LOSS
		COUGH
		WHEEZING
		CHEST PRESSURE OR DISCOMFORT
		IRREGULAR HEARTBEAT/PALPITATIONS
		CONSTIPATION
		DIARRHEA
		VOMITING
		DYSURIA (PAIN OR BURNING ON URINATION)
		HEMATURIA (BLOOD IN URINE)
		COLD INTOLERANCE
		HEAT INTOLERANCE
		POLYDIPSIA (INCREASED THIRST)
		POLYPHAGIA (INCREASED APPETTITE)
		POLYURIA (FREQUENT URINATION)
		DIZZINESS
		GAIT DISTURBANCE (TROUBLE WALKING)
		HEADACHE
		EMOTIONAL CHANGES
		RASH
		ARTHRALGIAS (PAINFUL JOINTS)
		JOINT SWELLING
		MUSCLE WEAKNESS
		BLEEDING
		BRUISING
		ENVIRONMENTAL ALLERGIES
		FOOD ALLERGIES

Please indicate if these illnesses occurred amongst your relatives: <input type="checkbox"/> No information available							
Description	None	Father	Mother	Sister	Brother	Children	Grandparents
Retinal Detachment							
Retinal Disease							
Macular Degeneration							
Blindness							
Glaucoma							
Cataract							
Eye Tumor							
High Blood Pressure							
Heart Disease							
Diabetes							
Cancer							
Migraine							

Do you smoke tobacco? Never

Quit How old were you when you quit? _____ How much in the past? _____

Type: Cigarettes Cigars Cigarillos Pipes

Yes How much currently? _____

Type: Cigarettes Cigars Cigarillos Pipes

Do you drink any alcohol? None Daily Weekly Monthly Yearly

Occasionally Rarely Socially

Your occupation: _____ (Retired)

Have you used any recreational drugs recently? Never No Yes Type: _____

Do you have diabetes? No Yes Year of onset: _____ Type I Type II

Last Fasting Blood Sugar: _____ (date) _____ (time)

Last HbA1c result: _____ Date of test: _____

Please list all previous surgery, laser, or drug treatment for your eyes: <input type="checkbox"/> None	
Date	Indicate which eye, the name of the surgeon, and the reason for the procedure:

I have answered these questions as completely as possible.

Signature: _____ Date: _____

If you have completed this form on behalf of the patient, please print your name and relationship to the patient below.

Name: _____ Relationship: _____

RETINA NORTHWEST, PC
PAYMENT POLICY

Effective Date: September 23, 2013

In the interest of good health care practice, it is desirable to establish a credit policy to avoid misunderstandings. Our primary responsibility is to help our patients experience good health and we wish to spend our time and energy towards that end.

All accounts are due and payable within 30 days unless special arrangements are made with our Business Office.

We are willing to bill your insurance when you provide us with current information and necessary forms. Even though you may have an insurance claim pending, you will receive a monthly statement for the outstanding balance of your account. We cannot accept responsibility for collecting an insurance claim after 60 days, or for negotiating a disputed claim. *You are responsible for payment of your account.*

If you are without insurance coverage, please contact the Business Office now to make payment arrangements.

Your signature below will acknowledge that you have read and understand our credit policy. Specifically:

I have read this credit policy and understand that regardless of any insurance coverage I may have, I am responsible for payment of my account. I understand that delinquent accounts will be assigned to a credit reporting and collection service. If it becomes necessary to effect collections of any amount owed for care received today or subsequent to today, I agree to pay for all collection costs and expenses incurred, including reasonable attorney fees.

Also, by my signature below I authorize payment of medical benefits otherwise payable to me to be made directly to Retina Northwest, PC. I hereby authorize Retina Northwest, PC to furnish my insurance carrier(s) with all information for which said insurance carrier may have cause to request concerning my claims. I understand that I am financially responsible for charges not covered by my insurance.

Patient or Guardian Signature

Date

DOB

Notice of Privacy Practices

Why this notice?

We have always taken seriously our responsibility to protect your personal health information and to coordinate your care with referring physicians, family and health insurance plans. Under a federal law called the Health Insurance Portability and Accountability Act (HIPAA), covered health care organizations across the nation, including RNW, must have a written Notice of Privacy Practices, must provide you with a copy, and must have a signed acknowledgment that you received the copy. Please take a few moments to review this notice and to sign the acknowledgement form provided by our staff. Thank you.

Retina Northwest P.C.

RETINA NORTHWEST P.C.

NOTICE OF PRIVACY PRACTICES

Effective Date: September 23, 2013

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY.

This is your Health Information Privacy Notice from Retina Northwest (RNW). This notice describes how we protect the personal health information we have about you and how we may use and disclose this information. Protected health information (“**PHI**”) is health information that contains identifiers, such as your name, social security number or other information that reveals who you are. It may be in the form of written or electronic records or spoken words.

We are required by law to give you this notice. It will tell you about:

1. The ways in which we may use and disclose health information about you;
2. The situations in which we are required to obtain written authorization from you to release personal health information; and
3. Your rights and our obligations regarding the use and disclosure of that information.

HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU

Your confidentiality is important to us. We have policies and procedures and other safeguards to help protect your PHI from improper use and disclosure. Sometimes we are allowed by law to use and disclose certain PHI without your written permission. We describe these uses and disclosures below. How much PHI is used or disclosed depends on the intended purpose of the use or disclosure. In some cases, only a limited amount is disclosed, such as when we call to remind you of your appointment with us. At other times, we may need to use or disclose more PHI, such as when we are coordinating your health care with another physician.

Treatment. We may use PHI to provide you with medical treatment or services. We may disclose PHI to our staff of doctors, nurses, technicians, office staff or other personnel who are involved in taking care of you and your health. We may disclose PHI to health care providers who are not on our staff. We may disclose PHI to family members who may be part of your medical care outside this office and may require information to provide that care

For example, if you are being treated for macular degeneration, we may share your PHI with your primary physician, your ophthalmologist, and a family member that is assisting you in coordinating your care.

Payment. We may use and disclose PHI to obtain payment for services we, or other providers who are coordinating your care, provide for you. We may disclose PHI to other organizations and providers for payment activities unless disclosure is prohibited by law.

For example, we disclose PHI when billing and collecting payment from your health insurance company. We also tell your health plan about a treatment you are going to receive to obtain approval or to determine whether your plan will pay for the treatments.

Health Care Operations. We may use and disclose PHI in relation to health care operations. We may disclose PHI to administer and support our business activities or the business activities of other health care organizations, such as your insurance plan.

For example, PHI may be used for quality assessment and improvement, training and evaluation of staff, licensing, and accreditation.

Business Associates. We may disclose PHI to other individuals and organizations that help us with our business activities. If we share your PHI for this purpose, the individuals and organizations must agree to protect your privacy.

Appointment Reminders. We may contact you as a reminder that you have an appointment for treatment or medical care at the office. These reminders may be made by postcard, phone, e-mail, or voicemail.

Treatment Alternatives and Services. We may tell you about or recommend possible treatment options or alternatives that may be of interest to you. We may tell you about health related products or services that may be of interest to you.

Legal and Governmental Purposes: We may use and disclose PHI in the following circumstances:

Required by law. We may disclose PHI when we are required to do so by state and federal law.

Public Health and Safety. We may disclose PHI to an authorized public health authority. Public health activities include many functions needed to promote and protect public health and safety, including the prevention or control of disease, injury, or disability, the reporting of vital statistics and the investigation or tracking of problems with prescription drugs and medical devices.

Abuse and Neglect. We may disclose PHI to government entities authorized to receive reports regarding abuse, neglect, or domestic violence.

Health Oversight Activities. We may disclose PHI to health oversight agencies for certain activities such as audits, examinations, investigations, inspections and licensures.

Legal proceedings. We may disclose PHI in responding to an order of a court or administrative agency, and in certain cases, in response to a subpoena, discovery request, or other lawful process. We may also use and disclose PHI to the extent permitted by law without your authorization in defending a lawsuit or arbitration.

Law enforcement. We may disclose PHI to authorized officials for law enforcement purposes. For example, we may use or disclose PHI to report a crime on our premises or help identify or locate someone.

Military activity, national security, Protective Services for the President and Others. We may release PHI if required by military command or other government authorities.

Coroners, funeral directors. We may disclose PHI to a coroner or funeral director.

Inmates. Inmates do not have the same rights to control their PHI as other individuals. We may disclose your PHI to the correctional institution or the law enforcement official for certain purposes such as, for example, to protect your health or safety or someone else's.

Other Special circumstances: We may use and disclose PHI under the following circumstances:

Communication with family and others when you are present. We may use and disclose PHI to a member of your family, a relative, a close friend, or any other person who is directly involved in your health care. If you object, please tell us and we won't discuss your PHI or we will ask the other person to leave.

Communication with family and others when you are not present. We may use and disclose PHI about you when you are not present or are unable to make a health care decision for yourself. In these instances, we will use our professional judgment to determine that disclosure is in your best interest. *For example, we may disclose PHI to the person who is waiting for you at the hospital during an outpatient procedure.*

Organ and Tissue Donation. If you are an organ donor, we may release PHI to organizations that handle organ and tissue procurement and transplantation.

Research. RNW participates in important health research. Some of our research may involve medical procedures and some is limited to collection and analysis of health data. Your PHI can generally be used or disclosed for research without your permission if an Institutional Review Board (IRB) approves such use or disclosure. If you are involved in research involving a medical procedure, we will inform you prior to participation of your privacy rights.

Serious Threat to Health or Safety. We may use and disclose your PHI if we believe it is necessary to avoid a serious threat to your health or safety or to someone else's.

Marketing. RNW may use and disclose your PHI to contact you about benefits, services or supplies that we can offer you related to your health care at RNW.

WRITTEN AUTHORIZATIONS TO RELEASE PERSONAL HEALTH INFORMATION

Other uses and disclosures of PHI not covered by this Notice or the laws that apply to us will be made only with your written authorization. If you give us Authorization to use or disclose PHI, you may revoke that Authorization, in writing, at any time. If you revoke your Authorization, we will no longer use or disclose information about you for the reasons covered by your written Authorization, but we cannot take back any uses or disclosures already made with your permission.

If you would like to ask us to disclose your PHI, please contact the Medical Records & Privacy Department at 503-274-2121 for an authorization form.

YOUR RIGHTS REGARDING HEALTH INFORMATION ABOUT YOU

You may exercise any of the rights described below, or ask questions about these rights by contacting the Medical Records and Privacy Office at 503-274-2121. We will provide you a copy of the forms needed for submission of your written requests.

You have the following rights regarding health information we maintain about you:

Right to See and Receive Copies. You have the right to see and receive copies of your health information,

such as medical and billing records. Requests must be in writing and we may charge a reasonable fee for the cost of producing and mailing copies.

We may deny your request in certain limited circumstances. We will tell you why we are denying your request. In some cases, you may request that our denial be reviewed. If the law gives you a right to have our denial reviewed, we will select a licensed health care professional to review your request and our denial. The person conducting the review will not be the person who denied your request, and we will comply with the outcome of the review.

Right to Request an Amendment. If you believe health information we have about you is incorrect or incomplete, you may ask that we correct or add to the record.

Your request for an amendment must be in writing and must provide the reasons for your request. We will respond in writing after receiving your request. In certain cases we may deny your request. You may respond by filing a written statement of disagreement with us and ask that the statement be included with your PHI.

Right to an Accounting of Disclosures. You have the right to request, in writing, an “accounting of disclosures.” This is a list of the disclosures of your PHI for purposes other than treatment, payment, health care operations, and a limited number of special circumstances involving national security, correctional institutions and law enforcement. The list will also exclude any disclosures we have made based on your written authorization. We may charge you a reasonable fee if you request more than one accounting of disclosure per year.

To obtain this list, you must submit your request in writing. It must state a time period, which may not be longer than six years and may not include dates before April 14, 2003. The first list you request within a 12-month period will be free.

Right to Request Restrictions. You have the right to request, in writing, a restriction or limitation on the PHI we use or disclose about you for treatment, payment or health care operations. You also have the right to request a limit on the health information we disclose about you to someone who is involved in your care or the payment for it, like a family member or friend. For example, you could ask that we not use or disclose information about a surgery you had.

We are not required to agree to your request. If we do agree, we will comply with your request unless the information is needed to provide emergency treatment or we are required by law to use or disclose the information.

We are required to agree to your request if you pay for treatment, services, supplies and prescriptions “out of pocket” and you request the information not be communicated to your health plan for payment or health care operations purposes. There may be instances where we are required to release this information if required by law.

Right to Request Alternate Means of Communication. You have the right to request that we communicate with you about medical matters at a different address or by a different means. For example, you can ask that we only contact you at work or only by mail. We will agree to reasonable requests. However, we are permitted to charge you for any additional cost of sending your PHI or contacting you via these alternate ways.

Right to a Paper Copy of This Notice. You have the right to a paper copy of this notice upon request.

CHANGES TO THIS NOTICE

We reserve the right to change this notice, and to make the revised or changed notice effective for medical information we already have about you as well as any information we receive in the future. If we change any of the practices described in this Notice, we will post the revised Notice in our medical offices.

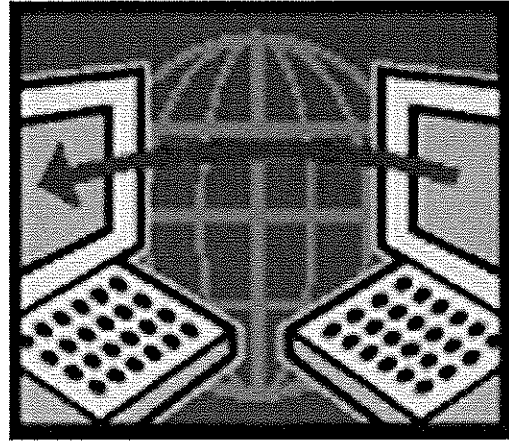
BREACH OF HEALTH INFORMATION

We will inform you if there is a breach of your unsecured health information

QUESTIONS AND COMPLAINTS

If you believe your privacy rights have been violated or you disagree with a decision we made about access to your health information, you may file a written complaint with Retina Northwest Privacy Officer, 2525 NW Lovejoy #100, Portland OR 97210. For more

information on how to file a written complaint, call the Privacy Officer at 503-274-2121. You may also file a complaint with the Secretary of the Department of Health and Human Services. You will not be penalized if you file a complaint about our privacy practices.



PATIENT PORTAL ANNOUNCEMENT:

Retina Northwest, P.C. is pleased to announce that we have a secure Patient Portal now available thru NextMD.com. The Patient Portal feature uses leading edge technology to allow you secure and convenient access to your medical information from the comfort and privacy of your own home or office (similar to an online bank account, but for your medical chart).

Once enrolled, you will be given a secure enrollment “token” you can use to activate your account. With your account activated you will be able to:

- **Pay your bill online** (after you receive your 1st electronic statement)
- **Send non-urgent and secure messages to our office staff to:**
 - Ask non-urgent medical / medication questions relating to your care
 - Inquire about your bill and payments
 - Inquire about your future appointments
- **View your Personal Health Record:** which includes a list of your allergies, conditions, medications, procedures, vital signs, and family history, as well as other health information.
- **Request copies of your chart notes and your Patient Plan**

After initiating the enrollment process in one of our clinics, you will receive an email directing you to use the “token” provided (which will allow you to create your own username and password) and complete the enrollment process. If you need assistance, please call our office at (503) 274-2121 or (800) 654-7765 and ask for the portal help desk.

Please see any of our clinic receptionists, or call our office at (503) 274-2121 to initiate your enrollment today.